

SP KES

SPEAKING TO AND FOR ALL OUR CHURCHES

MAY 2024

Hi folks,

I've recently started going to the gym. There are several incentives for this: the main one is that I really need the exercise, but it helps that one of the instructors (Ben) is a parent at Joshua's school.

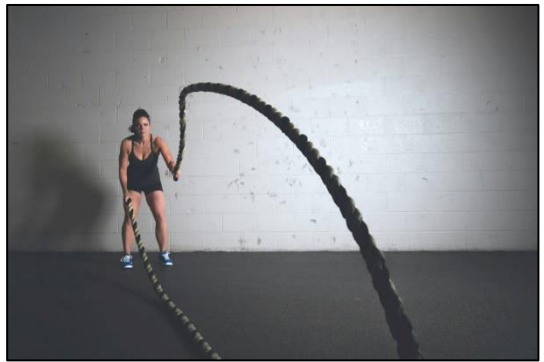
Ben's role is much more than encouragement. He's there to make sure I use the right technique: when I'm doing squats he'll say "push through the heels not the balls of your feet"; if he thinks I'm finding an exercise too easy he'll add more weight on. He likes to see me ~~really suffering~~ putting the effort in!

I wonder whether this should be true of spiritual fitness as well as physical fitness? If we're not seeing things happening spiritually, is that because we've become spiritually flabby? We want to see results, but we haven't really put the exercise in.

I wonder what church would be like if it can be both a warm and welcoming place for new people, as well as encouraging existing churchgoers to develop their spiritual fitness further?

Every blessing,
Rich Tweedy

vicar@poldenwheel.co.uk



*Wiggling the ropes:
one of my least favourite exercises!*

Image credit: Scott Webb / Unsplash

The Ashcott Big Breakfast

Sat 25 May 9-11 am

Ashcott village hall

£8 (children half price) for full English, cereals, juice and as much coffee, tea and toast as you want.

All welcome.



Men's breakfast

Saturday 25th May 8.45am

at *The Crown Inn, Catcott*

Full cooked breakfast with tea, coffee and toast. Our speaker will be Gary Couzens. Email Rich to book.

St George's Church Edington

Cream Teas and Stalls

Sat 1st June 2.30 – 4.30pm

At **Holywell House,**
Holywell Road,
Edington

Cream teas £5.00



Burtle Silver Band

Somerset Day

Spring Concert

Sat 11th May 7.30pm

Burtle Village Hall

Tickets £5 from Rosemary
on 01278 722321 or £6 on the door.



Church Contacts

Vicar: Rev Rich Tweedy 01458 210260

vicar@poldenwheel.co.uk *Day off: Friday*

Parish Administrator: Sue Ball

01458 210260

admin@poldenwheel.co.uk *Office hours: Tues – Thurs 10am – 2pm*

PCC Treasurer: Caroline Snell

Treasurer@poldenwheel.co.uk

All Saints, Ashcott: John Harvey

01458 210562

St. Philip & St James, Burtle: Alison Everett

01278 723736

St Peter's, Catcott: Martin Melia

01278 722808

St Edward's, Chilton Polden: Anne Lush

01278 722408

St George's, Edington: Rosie Tilbury

01278 722208

St Mary's, Shapwick: Rosemary Hargreaves

01458 210533

Website: www.poldenwheel.co.uk

Church Services

Sunday 5th May 9.30 <i>Catcott</i> 11.00 <i>Chilton Polden</i>	Easter 6 (White) Holy Communion (BCP) Informal Worship
Thursday 9th May 11.00 <i>Ashcott</i>	Ascension Day Holy Communion
Sunday 12th May 9.30 <i>Burtle</i> 11.00 <i>Ashcott</i> 6.30 <i>Edington</i>	Easter 7 (White) Holy Communion Informal Worship Holy Communion
Sunday 19th May 10.00 <i>Shapwick</i> 10.30 <i>Chilton Polden</i>	Pentecost (Red) Café Church Holy Communion (BCP)
Sunday 26th May 9.30 <i>Shapwick</i> 11.00 <i>Burtle</i> 11.00 <i>Edington</i> 6.30 <i>Ashcott</i>	Trinity Sunday (White) Holy Communion Informal Worship Informal Worship Holy Communion
Sunday 2nd June 9.30 <i>Catcott</i> 11.00 <i>Chilton Polden</i>	Trinity 1 (Green) Holy Communion (BCP) Informal Worship
Sunday 9th June 9.30 <i>Burtle</i> 11.00 <i>Ashcott</i> 6.30 <i>Edington</i>	Trinity 2 (Green) Holy Communion Informal Worship Holy Communion

Readings

- 5th May:** Acts 10.44-48; John 15.9-17
12th May: Acts 1.15-17,21-26; John 17.16-19
19th May: Acts 2.1-21; John 15.26-26;16.4b-15
26th May: Romans 8.12-17; John 3.1-17



Service of Quiet

**Tuesday May
21st at 7pm in
Catcott church.**

This will be a quiet space
for contemplative
reflection for half an
hour.

Ascension Day Holy Communion

**Thurs May 9th
at 11am**

in Ashcott Church.

Midweek Holy Communion

**Wed May 22nd
at 10am**

in Edington Church.

Diary of Church Events

May

- Wed 1st **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Wed 8th **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Fri 10th **Catcott:** St Peter's Coffee Morning at Buckfurlong Farm, 17, Manor Road, TA7 9HT. 10.30 – 12. Coffee/tea and cake for £2 plus raffle. Welcome home Andy!
- Fri 10th **Chilton Polden:** Family Bingo in the Church Hall. Eyes down 7.30pm. £1 per book. Raffle and refreshments. Children can play.
- Sat 11th **Burtle:** Somerset Day Spring Concert with Burtle Silver Band in the Village Hall at 7.30pm. Raffle. Tickets £5 in advance from Rosemary on 01278 722321 or £6 on the door.
- Wed 15th **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Sat 18th **Edington:** St George's coffee morning at Little Orchard, The Walls, Edington, TA7 9JU. 10.30 – noon. Entry £2. Bring and buy and raffle.
- Wed 22nd **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Sat 25th **Catcott:** Men's Breakfast at the Crown, Catcott at 8.45am.
- Sat 25th **Ashcott:** Big breakfast in the village hall. 9-11am. £8 (children half price) for full English, cereals, juice and as much coffee and toast as you want.
- Wed 29th **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.

June

- Sat 1st **Edington:** Cream tea and stalls at Holywell House, Holywell Road, Edington, TA7 9LB. 2.30 – 4.30pm. £5.00.
- Wed 5th **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Sat 8th **Burtle:** Shanty Singing evening with the Beach'd Buoys at Burtle Village Hall at 7.30pm. Tickets £10 to include a hot pasty from Rosemary on 01278 722321.
- Wed 12th **Ashcott:** Coffee morning in All Saints church 10-12. All welcome.
- Fri 14th **Chilton Polden:** Family Bingo in the Church Hall. Eyes down 7.30pm. £1 per book. Raffle and refreshments. Children can play.



WANTED

St Peter's Church, Catcott are looking for **plants** and **produce** for their stall at **St George's cream tea** on **Sat 1st June 2.30-4.30pm** in **Edington**.